CIRCULAR



Title: EOI – State SRC to Bronze Medallion Course – 17th January to 22nd January

Document ID: C21070
Department: Education
Audience: Club Members

Date: 25th November 2021

Introduction

The intensive Surf Rescue Certificate to Bronze Medallion Course is a course that provides participants with skills and knowledge related to surf awareness, aquatic rescue operations, radio operations, resuscitation, emergency care, spinal management, communication, teamwork and Surf Life Saving patrol operations.

In addition, members will obtain the new Provide First Aid qualification.

Awards

Bronze Medallion

First Aid

HLTAID009 - Provide Cardiopulmonary Resuscitation

HLTAID010 - Provide Basic Emergency Life Support

HLTAID011 - Provide First Aid

PUA20119 - Certificate II in Public Safety (Aquatic Rescue)

Learning Outcomes

- Safety and well being
- Surf awareness and skills
- The human body
- Resuscitation
- Defibrillation and basic oxygen
- First aid
- Radio operations
- Communications
- Rescue techniques
- · Carries and supports
- Patrols

Pre-Requisites

Candidates must meet ALL the following conditions:

- ➤ be at least 15 years of age on the date of final assessment
- > complete a 400-metre swim in 9 minutes or less
- ➤ hold and be proficient in the SLSA Surf Rescue Certificate
- > attend all the training detailed in the timeline.
- ➤ have access to all personal equipment detailed in the resources.

Timeline

Applications (see below for process)

Applicants will need to enrol using this link Course Enrol - Training courses (surflifesavingsacourses.com)

A minimum of 8 is required to run the course and a maximum of 20 to the course.

Applications close 0900hrs on Monday 20th December and will be on a first come first served basis.

Prior to arrival

The following MUST be completed by Monday 10th of January:

- Complete 400m pre-requisite swim in 9 minutes or less with club Bronze trainer or assessor
- Provide First Aid eLearning
- Bronze Medallion eLearning Theory & Assessment modules
- Third Party report signed by a Club representative

If this is not completed, you will not be able to continue with the course.

Training Sessions

Date: Monday 17th – Friday 21st January 2022

Time: 9.00am – 3.00pm Location: Grange SLSC

Topics:

- Provide First Aid assessment and emergency scenarios.
- Course introduction
- Dry: Knowledge refresh
- Wet: Rescue Techniques Refresh
- Recap & remedial training

Assessment

Bronze Medallion Assessment Date: Saturday 22nd of January 2022

Time: 9.00am

Location: Grange SLSC

Costs

SLSSA has received funding to help support participants progress through to their Bronze Medallion. Applicant's fee will be \$50 which includes their First Aid Certificate.

Resources

Personal Equipment

- Lunch, snacks, and Refillable water bottle
- Bathers/Wetsuit
- Hi-Viz top
- Goggles
- Multiple changes of clothes and towels (pack for hot and cold weather for day)
- Sneakers
- Sunscreen
- Pens and a notebook
- SLSSA Bronze Medallion Contextualised Assessment Portfolio with assessment certificate

Learning Resources

- > Provide first aid eLearning on aXcelerate Learner Portal
- > Bronze Medallion eLearning on SLSA Members area
- > Bronze Medallion Learner Guide
- ➤ 35th Edition Public Safety and Aquatic Rescue training manual

Assessment

Theory assessment

Provide First Aid & Bronze Medallion

After you complete the assessment online, you will need to attach a copy of your Bronze Medallion completion certificate to your assessment portfolio

Practical assessment

<u>Provide First Aid</u>

- CPR on adult & infant
- Apply AED
- Anaphylaxis (using adrenaline auto-injector training device)
- Bleeding control
- Choking and airway obstruction
- Envenomation
- Fractures, dislocations, sprains, and strains
- Respiratory distress
- Shock
- Safe work practices

Bronze Medallion

- Assessment task 2 Signals
- Assessment task 3 Radio
- Assessment task 5 Run swim sun
- Assessment task 6 Tube Rescue & Surf Skills
- Assessment task 7 Board Rescue Scenario
- Assessment task 8—Emergency care procedures
- Assessment task 9—Emergency care scenarios
- Assessment task 10—Spinal management aquatic roll-overs
- Assessment task 11—Spinal management scenario

Proficiencies

Provide First Aid certificate expires after 3 years CPR expires after 1 year Bronze Medallion Proficiency is required annually

Any questions, please contact Member Education Officer <u>alicia.lintern@surflifesaving.com.au</u> or call 08 83564 6900.