



We are trying a few new things this season with our proficiencies and will also be working more closely with our friends down at North Haven SLSC. The first thing that is new for us is we are going to be running two dry proficiency days. We are calling them Super Saturdays. Trainers from both Semaphore and North Haven will be present on these days and members from both clubs can come down when it suits them and get dry proficiencies out of the way. Wet proficiencies will be done during patrols and on Saturdays after nippers while swim cans are set. Our aim is to get as many members dry proficient as possible so we can concentrate on other training throughout the season and not get bogged down with them.

Super Saturday Dry Proficiency Dates

Saturday 17th October 0900 - 1500 - North Haven

Saturday 31st October 0900 - 1500 – Semaphore

Please make sure that all online proficiencies are completed before attending dries. Pending the weather, number of candidates and assessor availability - we may be able to complete wet proficiencies; bring your swim gear just in case

ARTC Training and Proficiency

There will also be an ARTC training course run on two days for those who want to get the qualification. These will be two, one day courses and will be held on the following dates:

Sunday 29th November – 1000 at Semaphore

Sunday 13th December – 1000 at North Haven

ARTC proficiencies will be able to be completed on these days also. If you have ever held the award you can become proficient once again. Details of proficiency times will come out closer to these dates. In the meantime, if you want to gain the ARTC award please contact Glen Gallagher from North Haven to participate:

captainlifesaving@northhavenslsc.com.au 0411 099 230

IRB Crew and Driver Proficiency

SLSSA will be running the IRB Crew and Driver proficiencies this season and luckily for us we will be hosting the event at Semaphore SLSC. Clubs from all along the coast will be sending crews to us so it is a good opportunity to meet other members from other clubs and to share some lifesaving knowledge. Time for this event is:

Friday 6th Nov - 1715 - Semaphore

We would like to encourage as many of our patrolling members from both clubs to try and get to these proficiency events so we can get them out of the way as early as possible. Our training team can then concentrate on our SRC to Bronze Course, Bronze Medallion Course and IRB Crew and Driver Course throughout the season. More details of these courses will be coming out as soon as the details are finalised.

If you have any questions about proficiencies or training, please contact:

Mick Kenny (Semaphore) – 0498 492 409 - mckenny@internode.on.net

Andrew Spencer (Semaphore) – 0403 533 522 - Andrew.Spencer@smc.sa.edu.au

Deklan Soeres (North Haven) – 0478 208 627 deklan15@gmail.com

Glen Gallagher (North Haven) – 0411 099 230 – captainlifesaving@northhavenslsc.com.au