

# SCHOOL HOLIDAY BRONZE MEDALLION/CERTIFICATE II IN PUBLIC SAFETY (AQUATIC RESCUE) PUA21012 PROGRAM

October 2017

## Background

Previously SLSSA has coordinated and facilitated school holiday SRC programs, with the outcomes and feedback from this program being very positive. Consequently we received a number of requests from various Clubs for SLSSA to coordinate and facilitate a Bronze Medallion program for Club members (with their SRC), and successfully delivered **numerous** programs in this format in 2016.

Therefore, a Bronze Medallion course is scheduled to run from Monday 9 until Friday 13 October 2017.

## **Course/Award Summary**

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. This is the core award to be a surf lifesaver in Australia.

## **Learning Outcomes**

#### Safety and Wellbeing

- Contribute to the management of work health and safety (WHS)
- Follow workplace procedures for hazard identification and risk control

#### Surf Awareness and Skills

- Describe surfing and environmental conditions and hazards
- Recognise appropriate beach types, conditions and areas in the surf zone for bathing
- Demonstrate surf skills

#### The Human Body

• Explain the functions of the seven body systems

#### Resuscitation

Perform cardiopulmonary resuscitation (CPR) techniques

## Defibrillation and basic oxygen techniques

• Perform basic resuscitation techniques

### First Aid

• Identify basic patient management techniques

#### Communications

• Communicate in the workplace

#### **Radio Operations**

Perform radio communications using approved SLSA radios

#### **Rescue Techniques**

- Perform patient approaches, support and escapes aided by equipment on a conscious and an unconscious patient
- Identify people in distress in an aquatic environment
- Perform surf skills

#### **Carries & Supports**

 Perform patient retrieval and support unaided by equipment

#### **Beach Management**

- Set up a patrol and describe your role on patrol
- Demonstrate standard patrol practices
- Work as part of a team

## Candidates

## **Pre-requisites**

Candidates who have met  $\underline{all}$  of the following prerequisites can register for this course:

- Are current SLSSA Club members (registered for 2017/18)
- Hold a Surf Rescue Certificate

- Have passed the prerequisite Bronze Medallion swim: complete an unaided swim (goggles/masks permitted) of 400 metre swim in nine (9) minutes or less, in a swimming pool of not less than 25 metres, or over a measured open water course to be authorised by a Club Assessor (email verification will be sufficient)
- Have completed the Bronze Medallion workbook or eLearning <u>prior</u> to participation (available from SLSSA on registration and payment)
- Have completed the Provide First Aid (HLTAID003) eLearning <u>prior</u> to participation (available from SLSSA on registration and payment)
- Will be a minimum of 15 years old on the date of the final assessment (Friday 13 October 2017) (this program is designed for school aged children)

#### Program

The course will run over five (5) days from Monday 9 October until Friday 13 October at SLSSA, 9.00am to approximately 4.00pm each day. There will be a combination of dry and water work. The late afternoon of the fifth day (Friday 13 October) will be the final assessment. Candidates must attend all five days (unless they come with a HLTAID003 Provide first aid certificate, in which case they would not be required to attend day 1]).

This is a fully facilitated program by SLSSA.

#### **Trainers and Assessors**

The program will be conducted by experienced Bronze Medallion trainers and assessors who have been endorsed by SLSSA.

#### Cost

The cost per candidate for the five days will be \$250. This course cost includes a full day of first aid training (fully accredited Provide First Aid HLTAID003), which is \$95.

If a candidate already holds the accredited Provide First Aid HLTAID003 unit of competency, evidence will need to be provided and the course cost will be \$155 and four days of training (Tuesday 10 – Friday 13 October).

Candidates are required to bring their own copy of the 34<sup>th</sup> edition of the Public Safety and Aquatic Rescue training manual.

#### Other

All relevant training equipment will be provided. Tea and coffee, biscuits and water will be available. Candidates will need to wear comfortable clothes, BYO lunch each day along with bathers, goggles, towel, hat, sunscreen and appropriate clothes to change into. Wetsuits are optional.

#### **Minimum number of participants**

The minimum number of candidates required for the course to go proceed is 10. If the registrations do not meet the required number, the course may be cancelled/postponed.

#### Enrolling

Please <u>click here</u> to enrol and pay for this course. Enrolments close Monday 2 October 5.00pm.

For further information, please contact Ashlee Murphy, 8354 6909 or ashlee.murphy@surflifesavingsa.com.au



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