



## INCLUSIVE NIPPERS SESSIONS

PROMOTING BEACH AWARENESS,  
COMMUNITY SPIRIT AND FUN WITHIN  
AN INCLUSIVE SURF LIFESAVING ENVIRONMENT

Semaphore Seabirds is a Nippers group for children with a disability aged 5-13 years, created as part of the Semaphore SLSC's commitment to developing inclusivity. The Semaphore Seabirds will run alongside the existing Nippers program with modified activities to cater for various additional needs. We aim to promote beach awareness, community spirit and fun within an inclusive surf lifesaving environment.

What to expect:

- A modified Nippers program that will run from 12:45-2:00pm Saturdays. Participants will assemble with Age groups at the beginning of Nippers training before hitting the beach at 1pm. Activities will last for an hour.
- The Seabirds Nippers group will have extra volunteer support, including one on one support for any water activities. Seabird Nippers will be buddied up with a Surf Lifesaver that has a bronze medallion or SRC qualification.
- Parents/carers are expected to stay on the beach with the Seabirds Nippers group. Afterall, who knows your child and their needs most? Parents/carers are encouraged to be a part of the activities wherever possible.
- The Seabird Nippers group can be used as a pathway program into a specific Nippers Age group if considered appropriate.

### **What to bring to Nippers training:**

- Swimwear
- Long sleeved training top
- Towel
- Goggles
- Rashie
- Sunscreen
- Seabirds Cap
- Broad brimmed hat
- Water/Snack
- Warm Clothes (to change into)

### **Dates of Seabirds Nippers sessions**

The program will run for twelve sessions in 2 x six week blocks:

November 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>

December 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> (Christmas breakup)

**Nippers will break over the Festive season**

January 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup>, 30<sup>th</sup>

February 6<sup>th</sup>, 13<sup>th</sup>

### **Cost:**

#### **Seabirds Membership - \$120**

This includes 1 participant and one parent/guardian/carer.

Other costs: Club uniform such as skull cap, training top, wide brimmed hat and fluoro rashie. These are available through the uniform shop when the season begins with prices TBA.

To register see the Semaphore Surf Life Saving Club membership page which has all the information and links to assist with registration.

<http://semaphoreslsc.com.au/membership-at-semaphore/>

Semaphore Surf Life Saving Club is also a Department Recreation and Sport - Sports Voucher registered organisation which allows for a \$100 towards membership costs once per year. Details and link to the voucher are also on the membership webpage.

If you have any issues regarding registration please contact the Club registrar via Email [registrar@semaphoreslsc.com.au](mailto:registrar@semaphoreslsc.com.au)

For further information on the program email Kate on [secretary@semaphoreslsc.com.au](mailto:secretary@semaphoreslsc.com.au)