

SCHOOL HOLIDAY SURF RESCUE CERTIFICATE (SRC)

October 2017

Background

Previously SLSSA has coordinated and facilitated school holiday SRC programs, with the outcomes and feedback from this program being very positive. The success of these programs have prompted SLSSA to coordinate another course this season.

Therefore, a SRC course is scheduled to run from Monday 9 until Friday 13 October 2017.

Course/Award Summary

The aim of this course is to provide participants with the skills and knowledge of basic patrolling and surf awareness in order to be able to participate in lifesaving operations. This course is the minimum water safety qualification for Junior Activity supervision.

Learning Outcomes

Safety and Wellbeing

- Contribute to the management of work health and safety (WHS)
- Follow workplace procedures for hazard identification and risk control

Surf Awareness and Skills

- Describe surfing and environmental conditions and hazards
- Recognise appropriate beach types, conditions and areas in the surf zone for bathing
- Demonstrate surf skills

The Human Body

- Explain the functions of the seven body systems

Resuscitation

- Perform cardiopulmonary resuscitation (CPR) techniques

Defibrillation and basic oxygen techniques

- Perform basic resuscitation techniques

First Aid

- Identify basic patient management techniques
- Perform basic patient management techniques

Communications

- Communicate in the workplace

Radio Operations

- Perform radio communications using approved SLSA radios

Rescue Techniques

- Perform patient approaches, supports and escapes aided by equipment on a conscious and an unconscious patient
- Identify people in distress in an aquatic environment
- Perform surf skills

Work as part of a team

- Perform a simulated patrol rescue
- Contribute to team activities

Candidates

Pre-requisites

Candidates who have met **all** of the following prerequisites can register for this course:

- Are current SLSSA Club members (registered for 2017/18)
- Have passed the prerequisite SRC swim: complete an unaided swim (goggles/masks permitted) of 200 metre swim in five (5) minutes or less, in a swimming pool of not less than 25 metres, or over a measured open water course – to be authorised by a Club Assessor (email verification will be sufficient)
- Have completed the SRC workbook or eLearning modules prior to participation (available from SLSSA on registration and payment)
- Have completed the Provide First Aid (HLTAID003) eLearning prior to participation (available from SLSSA on registration and payment)
- Will be a minimum of 13 years old on the date of the final assessment (Friday 13 October 2017) (this program is designed for school aged children)

Program

The course will run over five (5) days from Monday 9 October until Friday 13 October at SLSSA, 9.00am to approximately 4.00pm each day. There will be a combination of theory and practical (including water) work. The late afternoon of the fifth day (Friday 13 October) will be the final assessment. Candidates must attend all five days (unless they come with a HLTAID003 Provide first aid certificate, in which case they would not be required to attend day 1).

This is a fully facilitated program by SLSSA.

Trainers and Assessors

The program will be conducted by experienced Bronze Medallion/SRC trainers and assessors who have been endorsed by SLSSA.

Cost

The cost per candidate for the five days will be \$180.

This course cost includes a full day of first aid training (fully accredited Provide First Aid HLTAID003), which is \$95.

If a candidate already holds the accredited Provide First Aid HLTAID003 unit of competency, evidence will need to be provided and the course cost will be \$85 and four days of training (Tuesday 10 – Friday 13 October).

Candidates are required to bring their own copy of the 34th edition of the Public Safety and Aquatic Rescue training manual.

Other

All relevant training equipment will be provided. Tea and coffee, biscuits and water will be available. Candidates will need to wear comfortable clothes, BYO lunch each day along with bathers, goggles, towel, hat, sunscreen and appropriate clothes to change into. Wetsuits are optional.

Minimum number of participants

The minimum number of candidates required for the course to go proceed is 10, if the registrations do not meet the required number, the course may be cancelled/postponed. The course will be capped at 20 participants.

Enrolling

Please [click here](#) to enrol and pay for this course. Enrolments close Monday 2 October 5.00pm.

For further information, please contact Ashlee Murphy, 8354 6909 or ashlee.murphy@surflifesavingsa.com.au



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