



Circular 63/16-17

| | |
|-----------------|--|
| No: | Circular 63/16-17 |
| To: | State Education and Lifesaving Directors, State Education and Lifesaving Managers, Active Members, Trainers, Assessors, Facilitators |
| From: | Pamela Simon, National Learning and Development Manager |
| Subject: | Member Education Resource Changes |
| Summary: | An overview of the member education resources which have been reviewed and released for the upcoming season. |

Introduction

This Circular outlines changes to the following SLSA awards which were reviewed during the 2016/17 season as part of the scheduled review process:

1. Pain Management Certificate
2. Spinal Management Certificate
3. Advanced Resuscitation Techniques Certificate
4. Age Managers
5. Silver Medallion Advanced First Aid
6. Surf Rescue Certificate

This is for information purposes only, and Clubs/Branches should check with their State for local requirements as these may differ.

What are the changes for each of the awards?

1. Pain Management:

As part of the scheduled review, the SLSA Pain Management Certificate (Methoxyflurane) has been updated based upon member feedback and the recommendations of a state nominated Pain Management Working Group. The update has established a suite of resources that are in line with other SLSA Award resources, and consistent with the new SLSA document formatting. Updated resources are:

- SLSA Pain Management Certificate Syllabus v4.4
- SLSA Pain Management Certificate Learner Guide v3.0
- SLSA Pain Management Certificate Assessment Portfolio v1.0 replaces the previous Assessment Portfolio which was contained within the Pain Management Certificate Learner Guide v2.3. This is where all participant documentation required for assessment is located
- SLSA Pain Management Certificate Delivery and Assessment Guide v3.0
- SLSA Pain Management Certificate Online Course 2017 (within the SLSA eLearning system). It aligns with the face-to-face theory component of the SLSA Pain Management Certificate 2017 and can be completed by the participant instead of having to attend a face-to-face session. Assessment will still need to be completed face-to-face
- SLSA Pain Management Certificate PowerPoint v2.0 May 2017
- SLSA Pain Management Video v1.0. Video demonstration of the methoxyflurane administration steps outlined in topic 3 of the SLSA Pain Management Certificate Learner Guide v3. Elements of this video are included in the online course.



Notable updates to the course include:

- the number of assessments has been reduced from six (6) to three (3)
- the method for final assessment now includes oral questioning instead of written questions for a more holistic assessment. These assessments encompass key outcomes and allow participants to better demonstrate their identification of the need for methoxyflurane use over other basic pain management techniques
- the reduction of assessment means it is now possible to complete the course within a minimum of 3 hours
- the SLSA procedure for administering methoxyflurane has been updated to include time for the victim to practice with an empty inhaler. This has been found to be helpful for children who may be hesitant to use the inhaler if they are frightened, distressed and/or resistant to using the inhaler due to its strong smell when activated
- course title no longer contains the word 'methoxyflurane' as this analgesic is only one of the pain management techniques the course identifies
- SLSA now requires skills maintenance to be completed annually
- the term 'casualty' has been updated to 'victim' to align with agreed International Life Saving terms
- additional information is included on the topic of patient handover
- this course is no longer included as a module in the SLSA Silver Medallion Advanced First Aid course
- updated imagery is included throughout.

2. Spinal Management:

As part of the scheduled Silver Medallion Advanced First Aid (SMAFA) review, the included SLSA Spinal Management Certificate module was updated to include:

- SLSA Spinal Management Certificate Online Course 2017 (within the SLSA eLearning system). It aligns with the face-to-face theory component of the SLSA Spinal Management Certificate 2016 and can be completed by the participant instead of having to attend a face-to-face session. Assessment will still need to be completed face-to-face
- SLSA Spinal Management PowerPoint July 2016 (v2.0) has also been updated to version 2.1 May 2017 to align with the online course
- SLSA Spinal Management Assessment Portfolio 2.0 and SLSA Spinal Management Delivery and Assessment Guide 2.0 have also been updated to versions 2.1 to be consistent with the new SLSA document formatting
- updated imagery is included throughout.

3. Advanced Resuscitation Techniques:

As part of the scheduled review, the Silver Medallion Advanced First Aid (SMAFA) review, the SLSA Advanced Resuscitation Techniques Certificate (ARTC) module has been updated based upon member feedback and the recommendations of a state nominated Silver Medallion Advanced First Aid Working Group. The update has established a suite of resources that are in line with other SLSA Award resources, and consistent with the new SLSA document formatting, and align with HLTAID007 Provide advanced resuscitation. Updated resources are:

- SLSA Advanced Resuscitation Techniques Certificate Syllabus v4.0
- SLSA Advanced Resuscitation Techniques Certificate Learner Guide v4.0
- SLSA Advanced Resuscitation Techniques Certificate Assessment Portfolio v4.0 replaces the previous Assessment Portfolio which was contained within the Advanced Resuscitation Techniques Certificate Learner Guide v3.1. This is where all participant documentation required for assessment is located
- SLSA Advanced Resuscitation Techniques Certificate Delivery and Assessment Guide v4.0



- SLSA Advanced Resuscitation Techniques Certificate Online Course 2017 (within the SLSA eLearning system). It aligns with the face-to-face theory component of the SLSA Advanced Resuscitation Techniques Certificate 2017 and can be completed by the participant instead of having to attend a face-to-face session. Assessment will still need to be completed face-to-face
- SLSA Advanced Resuscitation Techniques Certificate PowerPoint v4.0 May 2017
- SLSA Advanced Resuscitation Techniques Certificate RPL Kit v4.0
- SLSA Advanced First Aid and Resuscitation Glossary v1.0.

Notable updates to the course include:

- the number of assessments has been reduced from six (6) to four (4)
- this includes three (3) scenarios flexible to a surf club's location and a written assessment. This change meets the revised performance evidence requirements for CPR and first aid scenarios that are summarised in the Community Services & Health Industry Skills Council First Aid Guide (Release 1.3 January 2015)
- cracking the seal has been removed from the pre-use check of oxygen cylinders to meet best practice for use of medical gases. The seal should not be cracked open prior to use as the cylinder may move unpredictably. Cracking the seal should only be done to remove sand suspected of obstructing the seal
- content on 'first aid conditions which require additional oxygen' has now moved into the SMAFA Learner Guide v1.0 Topic 9 to reflect the updated knowledge evidence requirements of the most recent HLTAID units of competency
- the term 'casualty' has been updated to 'victim' to align with agreed International Life Saving terms
- new appendices that include a summary of state and territory legislation, the Glasgow Coma Scale, Perfusion Status Assessment, emergency management services, and digital thermometers
- the inclusion of content from the former SMAFA Manual 2013 into Topic 1 that relates to The Australian Resuscitation Council, Legal Issues, Record keeping, Risk management, SOPs, Counselling, Post Incident Stress Management. Information on pulse oximetry has also been included
- a greater emphasis on single use-equipment
- the removal of content relating to knowledge evidence requirements in HLTF404C Apply advanced resuscitation that are no longer required in HLTAID007 Provide advanced resuscitation, or have moved across into HLTAID006 Provide advanced first aid. This includes content on topics such as:
 - a. First aid management procedures for respiratory distress: conditions such as hypoxia, asthma, chronic obstructive pulmonary disease, anaphylaxis, drowning, shock, hypoventilation, hyperventilation.
 - b. First aid management procedures for sudden cardiac arrest.
 - c. Coordinating activities of other first responders.
 - d. Managing collapsed casualties.
 - e. Awareness of confined spaces and dangerous places.
 - f. Accessing and interpreting material safety data sheets (MSDS).
- a blended version of this course can reduce the participant face-to-face time for practical and assessment requirements
- updated imagery throughout, including images of medical oxygen cylinders that integrate the oxygen cylinder, valve, regulator and flow metre into one unit
- the glossary contained at the end of the *SMAFA Manual 2013* has been updated into a separate SLSA Advanced First Aid and Resuscitation Glossary available on the SLSA members' portal.



4. Age Managers:

As part of the scheduled review, the SLSA Age Managers course has been updated based upon member feedback and the recommendations of a state nominated Age Manager Working Group. The update has established a suite of resources that are in line with other SLSA Award resources, and consistent with the new SLSA document formatting. Updated resources are:

- SLSA Age Managers Syllabus v1.0
- SLSA Age Managers Learner Guide v4.0 replaces the previous Age Managers Guide 3rd Edition and includes the previous SLSA Age Managers online guide
- SLSA Assessment Portfolio v1.0 replaces the previous Age Managers Workbook. This is where all participant documentation required for assessment is located
- SLSA Age Managers Delivery and Assessment Guide v1.0 replaces the previous Age Managers Course Presenter Guide 2nd Edition and contains information relevant to age manager mentors delivering the course face-to-face and/or mentoring participants
- SLSA Age Managers Online Course 2017 (within the SLSA eLearning system). It aligns with the face-to-face theory component of the SLSA Age Managers course 2017 and can be completed by the participant instead of having to attend a face-to-face session. Assessment will still need to be completed face-to-face
- SLSA Age Managers Course PowerPoint v3.0 May 2017.

Notable updates to the course include:

- the process to become an age manager has been updated to include an additional on-the-beach mentoring session. This assists new age managers to better demonstrate competency in a variety of weather and beach conditions, as well as learn from a wider variety of age managers with different teaching styles
- the role of an age manager mentor has been formalised to clarify who is to guide new age managers through the course and deem them as competent to perform the role of an age manager.
- a greater emphasis is placed on accessing the SLSA Members Portal for information and educational resources relative to the Junior Development Program (JDR), in addition to resources related to other core SLSA activities (e.g., the SLSA Surf Sports Manual related to surf sport activities). Participants will see within the JDR resources available on the Members Portal that there is also room for flexibility among states
- a change from five (5) to seven (7) course topics
- minimum age to become a qualified SLS age manager is now 15 years old
- the inclusion of content related to programming a Nipper season, wet weather activities, SLSA 6.05 Member Protection Policy, surf safety (including rip currents and signals) and surf sport competitions
- more information on engaging and providing feedback to both Nippers and their parents
- new appendices that include sample beach layouts, a signals poster, season calendar templates and an outline of support roles
- formal reference to a recommended annual skills maintenance
- the removal of the requirement for participants to sign the age managers code of conduct as there are no longer role specific codes of conduct
- more emphasis on delivering fun, inclusive and education-focused Nipper sessions
- updated imagery throughout.

5. Silver Medallion Advanced First Aid

As part of the scheduled review, the SLSA Silver Medallion Advanced First Aid (SMAFA) has been updated based upon member feedback and the recommendations of a state nominated Silver Medallion Advanced First Aid Working Group. The update has established a suite of resources that are in line with other SLSA Award resources, and consistent with the new SLSA document formatting, and align with the most recent unit of competency.



Updated resources are:

- SLSA Silver Medallion Advanced First Aid Syllabus v1.0
- SLSA Silver Medallion Advanced First Aid Learner Guide v1.0
- SLSA Silver Medallion Advanced First Aid Assessment Portfolio v1.0 replaces the previous SMAFA Workbook 2013. This is where all participant documentation required for assessment is located
- SLSA Silver Medallion Advanced First Aid Delivery and Assessment Guide v1.0
- SLSA Silver Medallion Advanced First Aid Online Course 2017 (within the SLSA eLearning system). It aligns with the face-to-face theory component of the SLSA Silver Medallion Advanced First Aid 2017 and can be completed by the participant instead of having to attend a face-to-face session. Assessment will still need to be completed face-to-face
- SLSA Silver Medallion Advanced First Aid PowerPoint v1.0 May 2017
- SLSA Silver Medallion Advanced First Aid RPL Kit v1.0
- SLSA Advanced First Aid and Resuscitation Glossary v1.0
- SLSA Bandaging Application Guide v1.0.

Notable updates to the course include:

The former *SMAFA Manual 2013* chapters have been separated into a package of three course modules that can be delivered and assessed separately:

Module 1 SLSA Advanced Resuscitation Techniques Certificate (ARTC) aligns with
HLTAID007 – Provide advanced resuscitation

Module 2 SLSA Spinal Management Certificate not aligned with a unit of competency

Module 3 SLSA Silver Medallion Advanced First Aid (SMAFA) aligns with
HLTAID006 – Provide advanced first aid

Modules one (1) and two (2) can be completed in any order, but both must be completed, and current, for a participant to commence training in module three (3).

- the SLSA Pain Management Certificate is no longer a module of SMAFA, as not every state holds a permit for obtaining and distributing methoxyflurane. Furthermore, HLTAID006 Provide advanced first aid does not require participants to demonstrate skills relating to analgesic and pressurised gases in the context of pain relief
- new entry requirement of HLTAID003 Provide first aid, which reduces the content and assessment requirements, as well as delivery time
- content on 'first aid conditions which require additional oxygen' has been taken from the former ARTC Learner Guide v3.1 Topic 2 to reflect the updated knowledge evidence requirements of the most recent units of competency. Much of this content appears in SMAFA entry requirement HLTAID003 Provide first aid yet remains in this SLSA award for review as it expands upon and strengthens participant knowledge on these first aid situations which are commonly experienced in a surf lifesaving environment
- the course has been updated to contain four (4) assessment tasks which includes three (3) scenarios flexible to a surf club's location and a written assessment. This change meets the revised performance evidence requirements for CPR and first aid scenarios that are summarised in the Community Services & Health Industry Skills Council First Aid Guide (Release 1.3 January 2015)
- a change from eight (8) course topics to nine (9) course topics
- the term 'casualty' has been updated to 'victim' to align with agreed International Life Saving terms
- updated appendices that removes those applicable to content covered in the ARTC
- the inclusion of content specifically related to first aid procedures for dealing with casualties who are



- aged or infirm, as well as children. Additional information on tourniquets is also included
- the removal of content relating to knowledge evidence requirements in HLTF412A Apply First Aid that are no longer required in HLTAID006 Provide advanced first aid, or are already covered in HLTAID007 Provide advanced resuscitation. This includes content on topics such as:
 - a. managing collapsed casualties
 - b. awareness of confined spaces and dangerous places
 - c. manual handling, hazardous substances, dangerous goods or chemicals
 - d. accessing and interpreting material safety data sheets (MSDS)
- a blended version of this course can reduce the participant face-to-face time for practical and assessment requirements
- blood pressure is no longer included as a vital sign to monitor whilst completing a secondary assessment
- reduced content on the topic of emergency child birth
- updated imagery throughout
- the SMAFA Learner Guide v1.0 is designed to extend on the content of the updated SLSA publication, First Aid Training Manual 9th Edition 2016 (available for purchase through the SLSA members portal), or any other manual that covers the content of the unit of competency HLTAID006 Provide advanced first aid. Participants should refer to such manuals and reflect upon their prior-learning before commencing assessment tasks which cover the provision and management of first aid conditions outlined in the unit of competency HLTAID006 Provide advanced first aid
- the glossary contained at the end of the SMAFA Manual 2013 has been updated into a separate SLSA Advanced First Aid and Resuscitation Glossary available on the SLSA members portal
- the creation of the SLSA Bandaging Application Guide v1.0 as a learning resource to support the delivery of the SMAFA course.

6. Surf Rescue Certificate

- radio certificate has been included into the SRC syllabus
- SRC-BM RPL documents have been updated to reflect that participants that have completed their SRC from 2017 onwards will have their Radio Operations content included.

How do I access the online resources?

These can be accessed in the normal way as before. Log into the Members Portal. Select 'Lifesaving Online/Renewals', then select 'Courses'.



SLSA E-Learning

By clicking the below button you will be transferred to SLSA's new e-learning system.

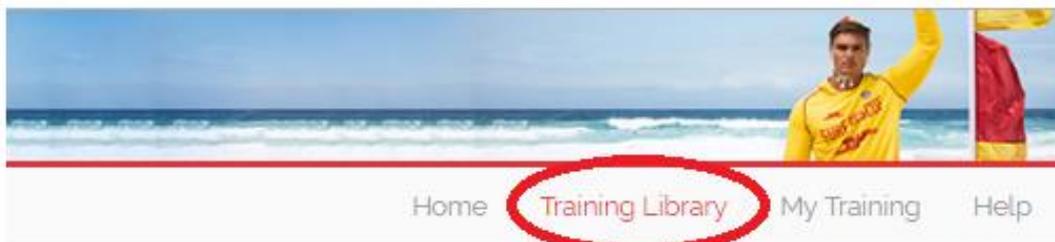
A limited number of courses are available right now and over time courses will be added and made available for you to perform.

Please contact your state academy if you have any questions.

Our records show that you will be studying in state: **NSW**. If this is incorrect, please contact your organisation of membership.

[Login to eLearning](#)

Once you have selected your state (if applicable), select 'Login to eLearning'.



Select 'Training Library'. This will take you to the landing page with the Menu as displayed below. Select the folder and the course you wish to enroll in. All of the courses which have been reviewed this season are currently free of charge to members.

Courses

-  **SLS - Life Saving**
SLS Life Saving courses
-  **SLS - Sport**
SLS Sport courses
-  **SLS - Skills Maintenance**
SLS Skills Maintenance courses.
-  **SLS - Age Managers**
SLS Age Managers course
-  **SLS - Additional Courses**
Restricted Courses

Where can I find out more information?

Please feel free to contact the SLSA Learning and Development team with your feedback or questions on the resources, or alternatively you can speak with your State Education Manager.