



## FRIDAY BISTRO MENU

### STARTERS

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Spring Rolls (3) - with sweet chilli sauce	7.0
Garlic Bread (3)	5.0
Bowl of Chips - with tomato sauce	5.0
Golden Wedges - with sour cream & sweet chilli sauce	8.0
Sweet Potato Wedges – with house made Aioli	8.0

### MAINS

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<b>Crispy Beer Battered Flathead</b>	17.5
Served with steakhouse chips & fresh garden salad	
<b>Grilled Barramundi</b>	17.5
Served with steakhouse chips & fresh garden salad (GF)	
<b>Warm Chicken Salad</b>	19.5
Char-grilled chicken tenderloins served over mixed salad leaves & garnished with avocado, apple & toasted walnuts with your choice of Honey Mustard dressing, Sticky Balsamic dressing or house made Aioli dressing (GF)	
<b>Vegetarian Option</b> - Served with Falafel (GF/V)	17.0
<b>Lemon Calamari Salad</b>	19.5
Char-grilled marinated squid served over mixed rocket leaves, baby potatoes, roast red onion, capers with a seeded mustard dressing (GF)	
<b>Red Chicken &amp; Prawn Curry</b>	22.0
House made red curry sauce with tender chicken, prawns, fresh herbs & Asian vegetables served with steamed jasmine rice (Medium Spice)	
<b>Chicken or Beef Schnitzel</b>	15.0
Free range crumbed chicken breast fillet or tender beef steak served with steakhouse chips, fresh garden salad & your choice of gravy, pepper or mushroom sauce (Add \$3 for Parmagiana / Add \$5 for King Prawns & garlic sauce)	
<b>Clubbie Burger</b>	16.5
Char-grilled Angus burger on a lightly toasted roll with melted cheese, lettuce, tomato, bacon, egg & house made Moroccan jam served with steakhouse chips	
<b>Veggie Burger</b>	15.5
Pumpkin & chickpea pattie with lettuce, tomato, cheese & mayo on a lightly toasted roll served with steakhouse chips	

## MAINS - continued

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### **Frenched Lamb Cutlets** **26.0**

Char-grilled with a Mediterranean style marinade served with Greek salad & steakhouse chips (GF)

### **250g Scotch Fillet Steak** **21.0**

Grass-fed yearling scotch fillet char-grilled to your liking served with steakhouse chips, fresh garden salad & your choice of gravy, pepper or mushroom sauce

### **Reef & Beef** **26.0**

Grass-fed yearling scotch fillet char-grilled to your liking served with steakhouse chips, fresh garden salad & topped with king prawns & our special creamy garlic sauce

## SIDES & EXTRAS

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Greek Salad	<b>9.0</b>
Gravy	<b>1.0</b>
Mushroom Sauce, Pepper Sauce or Creamy Garlic Sauce	<b>2.0</b>
Hollandaise, Bearnaise or Jager Sauce	<b>2.0</b>
Steamed Rice	<b>2.0</b>
Egg	<b>1.0</b>
Extra Chips	<b>1.0</b>
Bacon	<b>2.0</b>
King Prawns (3)	<b>4.5</b>

## KIDS MEALS

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Chicken Nuggets & Chips	<b>7.0</b>
Char-grilled Chicken Tenders with a side salad & Chips	<b>7.0</b>
Crispy Beer Battered Flathead & Chips	<b>7.0</b>
Penne Pasta with Napolitana Sauce	<b>7.0</b>
Ham & Pineapple Pizza	<b>7.0</b>
Chicken or Beef Schnitzel with Chips	<b>7.0</b>
Chicken or Beef Parmigiana with Chips	<b>9.0</b>

*Thank you for supporting the Semaphore Surf Life Saving Club Bistro & Bar  
Your patronage does make a difference – all profits assist our service to  
the community in keeping our beach safe*

### **Bistro Open**

Thursday & Friday Evenings from 6.00pm  
Sunday Breakfast 8.30am-11.30am

### **Bar Open**

Thursday & Friday from 5.00pm  
Saturday from 3.00pm  
Sunday from 4.00pm

For all Bistro bookings & Function enquiries – please call 8449-8088 or 0431 030 426 or  
email [sslsc@bigpond.net.au](mailto:sslsc@bigpond.net.au)